



The Poster is published
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Information for *The Post-
er* should be in the church
office by the 4th Tuesday
of the month.

Office Hours:
8:30am-12:00pm
Monday-Friday

Sunday Worship:
9:45am

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THE POSTER

Volume 17, Issue 1

January, 2020

~ A NEW THING ~

“Do not remember the former things, or consider the things of old.
I am about to do a new thing; now it springs forth.
Do you not perceive it?”
~Isaiah 43:18, 19a

Dear Members and Friends,

One disadvantage to writing for a paper newsletter is that it throws off a person’s inner clock. It means trying to convey certain feelings on paper before you (the writer) have really gotten ready for them in real life. For example, you have to write about Thanksgiving well before Halloween, before the autumn turns its annual corner from bright yellows and oranges to somber grays and browns. Then you need to write about the extravagant joy of Christmas before you’ve even had a chance to truly sit with Thanksgiving thoughts. Even today, as I write—having pushed the newsletter deadline to its allowable limit, and still days before Christmas—I’ve got to think and talk about a world I haven’t seen yet: the New Year, 2020. “Life comes at you fast,” the Nationwide Insurance ads claim. And as we look back over the days we’ve been given, or even just the 365 days of the year now ending, we would have to agree. Something new is always upon us. “Do you not perceive it?”

One problem with welcoming a new year is that it comes at a time when nothing feels new. The Christmas decorations look a little less bright and cheery now that the festivities and gatherings have passed and taking them down is a tiresome task. And yet, even amid all the sameness of things, we can sometimes feel the moments passing. Their constant rumble is like a train beneath the ground we’re standing on. If we stop to listen to the rhythm of our hours and days, if we pay attention to the sometimes-monotonous march of seconds and minutes, we’ll catch echoes of their footfalls drawing nearer, stomping past us, receding into the distance. When did that hair go gray on the head of the one you love? When did that wrinkle form on the familiar brow? Time passes, bestowing gifts richly with one hand and stealing them with the other.

In every season of life, there is a new thing that God is doing, if we will open our hearts and spirits to its unfolding. Whatever time it is in your life, whatever your age or occupation, the voice still calls out to you again. “Follow me.” Or, as the God of Isaiah declares, “I am about to do a new thing... Do you not perceive it?” Sometime in this truly deep midwinter season—at an evening time yet to be determined—we are going to gather as a congregation to discuss the “new things” that we sense the Spirit doing in our midst and the directions they might lead us. Until then, I’d encourage you to ask yourself these two questions: What new thing am I being called to? What new thing is our church being called to? It is my joy and privilege to be making new discoveries with you.

Blessings, Pastor Sandy

Eight Gifts That Do Not Cost One Cent

Are you looking for a positive way to connect with friends and family? Are you looking for a positive way to reinforce how to provide growth and understanding? Are you looking for a positive way to say thank you? With the New Year upon us, take the opportunity to share a gift and a moment that does not cost even one cent.

The Gift of Listening

You must really listen. Do not interrupt, day-dream, or plan your response – just listen.

The Gift of Affection

Be generous with appropriate hugs, kisses, pats on the back and handholds. Let these small actions demonstrate the love you have for family and friends.

The Gift of Laughter

Clip cartoons. Share articles and funny stories. Your gift will say, “I love to laugh with you.”

The Gift of a Written Note

A brief, handwritten note may be remembered for a lifetime, and may even change a life.

The Gift of a Compliment

A simple and sincere, “You look great in red,” “You did a super job,” or “That was a wonderful meal” can make someone’s day.

The Gift of a Favor

Every day, go out of your way to do something kind.

The Gift of Solitude

There are times when we want nothing more than to be alone. Be sensitive to those times and give the gift of solitude to others.

The Gift of a Cheerful Disposition

The easiest way to feel good is to extend a kind word to someone by saying hello or thank you.

Families and friends are a rare jewel, indeed. They make you smile and encourage you to succeed. They lend an ear, they share a word of praise, and they always want to open their hearts to us.

~ shared by Carol Holmes

December Finance Report

General Account Income	\$	13,886.83
General Account Expenses	\$	8,106.64
Designated Funds Income	\$	2,469.50
Trustees Income	\$	1,050.00

Year-to-Date

Total Income	\$	150,271.43
Total Expenses	\$	148,863.24
Carried into 2020	\$	1,408.19

Jump for Joy! 100+ Scholarships Available!

The Iowa United Methodist Foundation has over 100 scholarships available for graduating high school seniors, general scholarships for students going to non-Methodist colleges, scholarships for students going to United Methodist colleges and seminary scholarships designated for individuals following the call to join the ministry. Check out the criteria on the website (<https://iumf.org/scholarships>) to see which one you are eligible to apply for. Online applications will be available from Dec. 1 through March 1, 2020.



Have You Been Thinking About Membership?

We would be excited to welcome you into our fellowship as a member! We trust that God’s Spirit will guide you to relate to our church in whatever way is right for you at this time. Our pastor is available for personal meetings if you have questions or wish to discuss church membership. If you join as a full member of our church, we will ask you to affirm your faith and your commitment to support the United Methodist Church by your prayers, presence, gifts, witness, and service. Please contact the church office at 515-285-6545 or ftdsmumc@gmail.com. Watch the weekly worship bulletin for information about a membership class.

Prayer Corner

- For our members: Larry Seid; Roger & Debbie McCloney; Gerald & Sharon Wilcox Family; Fred Kokke's family
- For those that are home-bound, their caregivers, and those we especially name in our hearts.
- For those actively serving in our military, their families, the deployed, and our veterans.
- For all the recovery groups that meet in our building throughout the week (NA/AA) that they would have what they need each day, that our building would be a blessing to them, and that our community would experience supernatural healing through these groups
- Our sincere condolences to Roger and Debbie McCloney upon the death of Roger's brother, Everett "Junior" McCloney.

Nut Sales

We sold all of the nuts before Christmas this year! Halleluiah!!! Special thanks to Bill Dillard for his super Sunday sales; to Larry Hart for keeping the sale on the sign out in front of the building; to everyone in the congregation that either bought or sold nuts; and to those in the community who are faithful to support our fundraising project.

Our profits from this year's sale were \$687.50. We had \$659.31 carried over from last year so we have a total of \$1346.81 that we can spend. In the past, Nut Sales funds have been used on things like postage stamps, door mats, and carpet cleaning. The decision about this year's profits will be made soon.

Care Ministry Team



If you are home bound, in a nursing home, or feeling alone and would like a visit by our Care Ministry team or Pastor Sandy, please let us know because we would love to visit you. Please contact the church office at 515-285-6545 or ftdsmumc@gmail.com.

Cause for Celebration!

January Birthdays

3 Joyann Benoit
6 Hayli Jones
8 Dennis Garland
10 Elton Wolfe
12 Hailey Kokke
13 Macy Carlson
14 Sandra Kokke
16 Ginger Dales
18 Melissa Clevenger
22 Mike Jones
25 James Lierow III
27 Rod Kent
30 Anna Nalevanko

January Wedding Anniversaries

14 Trevor & Jennifer Crise

January Baptismal Anniversaries

1 Ginger Dales
1 Roxanna Dales
9 Michelle Houseman
9 Alec Slater
11 Lois Horn
30 James Lierow III

February Birthdays

3 Lucas Norris
6 Matt Clevenger
17 Carlin Peer
20 Bruce Evans
23 Nick Nalevanko
26 Lee Kennell
27 Trevor Crise

February Wedding Anniversaries

February Baptismal Anniversaries

16 Doug Brooks

Let Us Know!

- Let us know if you have recently moved, changed your mailing address, your email address, phone number or are using cell phones instead of land lines.
- Let us now if you would like to be included in the prayer chain.
- Let us know if you are hospitalized. (Privacy laws do not allow hospitals to contact clergy when a parishioner is hospitalized.)

Contact the church office at 515-285-6545 or ftdsmumc@gmail.com or Pastor Sandy at 515-290-9905.

Care Ministry

If you are home bound, in a nursing home, or feeling alone and would like a visit by our Care Ministry or Pastor Sandy, please let us know because we would love to visit you. Please contact the church office at 515-285-6545 or ftdsmumc@gmail.com.

What we do

The Caring Ministry is provided by and through the members of our church. Many of our members already provide caring ministry through the writing of letters to our members for special occasions, providing meals to those returning from the hospital or during the loss of a loved one, sending cards, and visiting those in the hospital or long-term care facilities. To expand on this ministry we are already doing, we are looking for ways and volunteers to continue to stay connected to those members who might not be able to attend services regularly, and or have recently gone through a transition in their lives; health, housing, or grieving a loss.

Areas for volunteers to serve:

- Visiting members in long-term care facilities (Monthly)
- Visiting members in the hospital (As needed)
- Bringing a meal (chili) to a member or their family (As needed)
- Calling members who are homebound to visit (Monthly)
- Delivering recorded sermon series to homebound (Monthly)
- Available to provide small, household maintenance projects (As needed)

Together, as a church family of faith, we can share our time, talents, and gifts with one another. If you have an idea for this ministry, please let us know. All ideas are welcome and encouraged! Contact the church office or Pastor Sandy.

Do You Know...

- ⇒ Canceled stamps can be used again? Bring any and all canceled stamps (with 1/4" of the envelope around the stamp) to church to be placed in the collection jug on the coat rack shelf near the west door.
- ⇒ Pop can tabs are saved for Ronald McDonald House? We have a collection jug on the coat rack shelf near the west door.
- ⇒ Your old eye glasses can become someone else's path to being able to see again? Leave them in the secretary's office.
- ⇒ Empty printer cartridges help purchase office supplies? There's a collection area in the secretary's office.
- ⇒ The Bidwell Clothes Closet barrels are available to collect clothing donations for men, women, and children as well as small household appliances, household and school supplies? Donations of plastic shopping bags are needed by the distribution center, also. Special thanks to Jim and Carol Meier for overseeing the barrels and delivering items as needed.

Serving Our Community

Our congregation continues to serve our Community through the Community Table outreach program. Since its beginning in 2015 when 1-2 people attended a free meal at our church, we've grown!

We now serve meals and fellowship to an average of 150 people each month. Roughly 55 people a month are served at our church (where everyone is welcome), and Joppa with complete, free meals. Additionally, we donate an average of 100 servings of milk to Door of Faith. When available, our walking guests are also provided with hand warmers and bus tokens.

Thank you for your support! If you'd like to continue to support the Community Table, we accept full fare bus tokens, hand warmers, or you may designate funds on your Sunday offering envelope. Contact Suzanne Wilcox with questions or to help serve or donate food at (515) 277-5217.

2020

JANUARY

SUNDAY

CALENDAR YEAR

CALENDAR MONTH

FIRST DAY OF WEEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	01 Happy New Year! Office Closed	02 7:00 NA	03 5:00 BNTC 8:00 AA	04 3:00 BNTC 7:30 NA
05 9:45 UMC 11:15 Finance/Coffee hour 1:00 BNTC Worship 8:00 AA	06	07 11:00 Small Group 7:00 AA	08	09 7:00 NA	10 5:00 BNTC 8:00 AA	11 3:00 BNTC 7:30 NA
12 9:45 UMC 11:15 Trustees/Coffee 1:00 BNTC Worship 8:00 AA	13	14 11:00 Small Group 7:00 AA	15	16 7:00 NA	17 5:00 BNTC 8:00 AA	18 3:00 BNTC 7:30 NA
19 9:45 UMC 11:15 SPPRC/Coffee hour 1:00 BNTC 8:00 AA	20	21 11:00 Small Group 7:00 AA	22	23 7:00 NA	24 5:00 BNTC 8:00 AA	25 3:00 BNTC 4:00 Comm. Meal 7:30 NA
26 9:45 UMC Worship 11:15 Council/Coffee 1:00 BNTC Worship 8:00 AA	27	28 11:00 Small Group 7:00 AA	29	30 7:00 NA	31 5:00 BNTC 8:00 AA	01
02	03	04	05	06	07	08

2020

FEBRUARY

SUNDAY

CALENDAR YEAR

CALENDAR MONTH

FIRST DAY OF WEEK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	01 3:00 BNTC 7:30 NA
02 9:45 UMC 11:15 Finance/Coffee hour 1:00 BNTC Worship 8:00 AA	03	04 11:00 Small Group 7:00 AA	05	06 7:00 NA	07 5:00 BNTC 8:00 AA	08 3:00 BNTC 7:30 NA
09 9:45 UMC 11:15 Trustees/Coffee 1:00 BNTC Worship 8:00 AA	10	11 11:00 Small Group 7:00 AA	12	13 7:00 NA	14 5:00 BNTC 8:00 AA	15 3:00 BNTC 7:30 NA
16 9:45 UMC 11:15 SPPRC/Coffee hour 1:00 BNTC 8:00 AA	17	18 11:00 Small Group 7:00 AA	19	20 7:00 NA	21 5:00 BNTC 8:00 AA	22 3:00 BNTC 7:30 NA
23 9:45 UMC Worship 11:15 Council/Coffee 1:00 BNTC Worship 8:00 AA	24	25 11:00 Small Group 7:00 AA	26 7:00 Ash Wed. Service	27 7:00 NA	28 5:00 BNTC 8:00 AA	29 3:00 BNTC 4:00 Comm. Meal 7:30 NA
01	02	03	04	05	06	07

Ft. Des Moines United Methodist Church
6205 SW 9th St
Des Moines IA 50315-5516

We give thanks for you!!!

**Ft. Des Moines United Methodist Church is a community of faith
in worship and action, open to all in the spirit and love of God.**

January/February 2020

Events:

Jan. 25: Community Meal @ 4:00p.m.

Special Offerings:

Food Pantry Sunday will be on Jan. 19.

Donations of shelf-stable food items, cash, hygiene items, diapers (all sized), wipes, and formula will be received.

Human Relations Day will be the emphasis on Jan. 19. The offering supports neighborhood ministries through Community Developers, community advocacy in the United States and Puerto Rico through United Methodist Voluntary services, and work with at-risk youth through the Youth offender Rehabilitation program.