



Fort Des Moines United Methodist Church is committed to the Great Commission given by Jesus in Matthew 28:19-20: **“Therefore go and make disciples of all nations, baptizing them in the name of the Father, Son, and Holy Spirit, teaching them to obey everything I have commanded you.”**

Fort Des Moines is a caring community of people who will care for you regardless of who you are. If you are looking for a place where Christ’s love is evident and God’s grace is offered to all, then I hope you will join us for worship and fellowship.

If you are visiting today, we hope that you feel welcome. The worship service is our gift to you. Following this service you are invited to join us for coffee, fellowship and Sunday School.

We welcome children in our worship. However, if necessary, we do have a nursery and cry room on the second floor. The cry room is located on the left at the top of the stairs and the nursery is located to the right at the top of the stairs.

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Pastor’s Phone: 1-515-447-7953

Pastor’s email

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FORT DES MOINES UNITED METHODIST CHURCH

Worship 9:45 a.m.

Fellowship 11:00 a.m.

**Second Sunday in Lent
March 17, 2019**

For whoever wants to
save his life

WILL LOSE IT,
but whoever
loses his life

for me and for
the gospel

WILL SAVE IT.

Mark 8:35, NIV

WE CELEBRATE THE GATHERING OF GOD'S PEOPLE

Welcome and Informal Moments: Thank you for attending worship today. Please sign the attendance registration pad found in each pew, pass it on your neighbor, and welcome one another with the hospitality of God.

** Please stand as you are able*

Gathering Music

Introit UMH #328 *“Surely the Presence of the Lord”*

*Call to Worship

Leader: We meet this day in the name of Jesus the Christ, the Messiah of God!

People: **Who came, not to conquer the world, but to serve and suffer on our behalf.**

Leader: God in Christ has likewise called us to be ministers, not of conquests but of crosses.

People: **May we be ready to lose our lives in order to save them!**

***Hymn UMH #297** *“Beneath the Cross of Jesus”*

Unison Prayer

Almighty God, who sent us a Messiah beyond all our expectations, set before us again the life of Jesus, not as we would imagine it, but as it was; that seeing there a way of service and suffering, we may understand better how costly as well as rewarding true discipleship is. In Jesus' name we pray. Amen.

Responsive Scripture

Psalm 22:23-31

L: You who fear the Lord, praise him!

P: **All you descendants of Jacob, honor him! Revere him, all you descendants of Israel!**

L: For he has not despised or scorned the suffering of the afflicted one;

P: **he has not hidden his face from him but has listened to his cry for help.**

L: From you comes my praise in the great congregation;

P: **My vows I will pay before those who worship the Lord.**

L: The poor shall eat and be satisfied;

P: **those who seek the Lord shall praise the Lord! May your hearts live for ever!**

L: All the ends of the earth shall remember and turn to the Lord;

P: **and all the families of the nations shall worship before the Lord.**

L: For dominion belongs to the Lord who rules over the nations.

P: All who sleep in the earth shall bow down to the Lord.

L: All who go down to the dust shall bow before the Lord, and I shall live for God.

P: Posterity shall serve the Lord;

L: each generation shall tell of the Lord, and proclaim his deliverance to a people yet unborn.

P: Surely the Lord has done it.

Time with Children of God

Call to Prayer TFWS #2129 *“I Have Decided to Follow Jesus”*

Pastoral Prayer

Lord’s Prayer

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

WE HEAR THE WORD OF GOD

Epistle Lesson

Romans 4:13-25 (NIV)

It was not through the law that Abraham and his offspring received the promise that he would be heir of the world, but through the righteousness that comes by faith. For if those who depend on the law are heirs, faith means nothing and the promise is worthless, because the law brings wrath. And where there is no law there is no transgression.

Therefore, the promise comes by faith, so that it may be by grace and may be guaranteed to all Abraham’s offspring—not only to those who are of the law but also to those who have the faith of Abraham. He is the father of us all. As it is written: “I have made you a father of many nations.” He is our father in the sight of God in whom he believed—the God who gives life to the dead and calls into being things that were not.

Against all hope, Abraham in hope believed and so became the father of many nations, just as it had been said to him, “So shall your offspring be.” Without weakening in his faith, he faced the fact that his body was as good as dead—since he was about a hundred years old—and that Sarah’s womb was also dead. Yet he did not waver through unbelief regarding the promise of God, but was strengthened in his faith and gave glory to God, being fully persuaded that God had power to do what he had promised. This is why “it was credited to him as

righteousness.” The words “it was credited to him” were written not for him alone, but also for us, to whom God will credit righteousness—for us who believe in him who raised Jesus our Lord from the dead. He was delivered over to death for our sins and was raised to life for our justification

***Hymn** UMH #451 *“Be Thou My Vision”*

***Gospel** Mark 8:31-38 (NIV)

He then began to teach them that the Son of Man must suffer many things and be rejected by the elders, the chief priests and the teachers of the law, and that he must be killed and after three days rise again. He spoke plainly about this, and Peter took him aside and began to rebuke him.

But when Jesus turned and looked at his disciples, he rebuked Peter. “Get behind me, Satan!” he said. “You do not have in mind the concerns of God, but merely human concerns.

Then he called the crowd to him along with his disciples and said: “Whoever wants to be my disciple must deny themselves and take up their cross and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it. What good is it for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul? If anyone is ashamed of me and my words in this adulterous and sinful generation, the Son of Man will be ashamed of them when he comes in his Father’s glory with the holy angels.”

Sermon *“Carrying Your Cross”* Rev. Emmanuel Dass

Presenting our Tithes and Offering

***Doxology** UMH #94

Prayer of Dedication

We rejoice in your promises, O God, even as we give ourselves to serve in Christ’s name. Use these gifts and our lives to bring your love to all humankind. Amen.

Hymn UMH #338 *“Where He Leads Me”*

Benediction

Response UMH #666 *“Shalom to You”*

Postlude

This Week's Calendar

Today, Mar. 17: 9:45 a.m. UMC Worship (Food Pantry)

11:00 a.m. Sunday School & Coffee Hour/JOPPA Cooking

11:00 a.m. SPPRC meets in the Conference Room

1:00 p.m. BNTC Worship

8:00 p.m. AA in Fellowship Hall

Monday, Mar. 18: 9:30 a.m. English Language Learners in the Youth Room

6:00 p.m. ELL in the Conference Room

Tuesday, Mar. 19: 9:30 a.m. English Language Learners in the Youth Room

11:00 a.m. Bible Study in the Library

6:00 p.m. ELL in the Conference Room

7:00 p.m. AA in Fellowship Hall

Wednesday, Mar. 20: 9:30 a.m. English Language Learners in the Youth Room

6:00 p.m. ELL in the Conference Room

Thursday, Mar. 21: 9:30 a.m. ELL in the Youth Room

6:00 p.m. ELL in the Conference Room

7:00 p.m. Narcotics Anonymous in Fellowship Hall

Friday, Mar. 22: 9:30 a.m. ELL in the Youth Room

4:00 p.m. ELL in the Conference Room

5:00 p.m. BNTC

8:00 p.m. AA in Fellowship Hall

Saturday, Mar. 23: 5:00 a.m. BNTC Wedding

9:30 a.m. ELL Citizenship Class in Conference Room

3:00 p.m. BNTC

7:30 p.m. NA in Fellowship Hall

Sunday, Mar. 24: 9:45 a.m. UMC Worship

11:00 a.m. Church Council meets in the Conference Room

11:00 a.m. Coffee Hour/Sunday School

1:00 p.m. BNTC Worship

8:00 p.m. AA in Fellowship Hall

Attendance last week: 34

Prayer Concerns: Ft. Des Moines UMC, it's programs and leaders; the Bhutanese Nepali Truth Church, it's programs and leaders; those home bound and their care-givers; and those we especially name in our hearts.

Special thanks to Bill Dillard for sharing Coffee Hour Treats with us today.

Opportunities to Serve

There are always many opportunities to serve at Fort Des Moines. There are a few possibilities listed below, but you are not limited to these. If you have a passion for a certain kind of service or feel God might be calling you to some specific area, please let us know. If you have a particular date that you know would work well for you to be involved in some of these, let us know that as well. Circle the ones that interest you.

Thank you.

- Read Scripture
- Acolyte (light the candles)
- Deliver Communion (to shut-ins)
- Sing in the choir
- Help with the Sunday School Program
- Work with altar flowers
- Other ideas:

Food Pantry Sunday is the emphasis today.

While Peanut Butter is the food item of the month, all shelf-stable food items, diapers, wipes, formula, personal hygiene items and cash will be received. All cash donations between March 1 & April 30 will be matched dollar for dollar thanks to the Douglas Woods Challenge Hunger campaign.

Thanks to everyone who sold and/or bought nuts during our 2018 campaign. We started with \$902.01 left from last year and had a profit of \$857.50 from the 2018 sale for a total of \$1759.51. We plan to purchase 12 rolls of stamps for the office (\$660.00), arrange for carpet cleaning in the offices, Conference Room, Chapel, and library (\$300.00) and purchase a new welcome mat for the east doors (\$125.00), leaving \$674.51 to be used throughout the year.

“Parables of Jesus”, the weekly Bible Study, is held on Tuesdays, at 11:00 a.m., in the church library. Everyone is welcome!

If you are interested in becoming a member of Ft. Des Moines United Methodist Church, talk to Pastor Dass.

If you or someone you know is interested in being baptized, contact Pastor Dass.

Your Prayer



Concerns

“In everything by prayer and supplication with thanksgiving, let our requests be made known to God” - Philippians 4:6

Let your prayer requests be made known to God through our prayer groups and pastor who will pray for you or ones listed below. Your prayer concerns can be for a church member, a family member, a friend, or yourself. Please fill out below and place it in the offering plate.

Prayer for:

Name:

Concern/s:

Welcome!

**We are a community of faith in worship and action,
open to all in the spirit and love of God.**

Please sign the friendship pad in the pew. Everyone is welcome to stay for refreshments and a time of visiting with your church family following the service.

We welcome children in our worship service. However, if necessary, we do have a nursery and cry room on the second floor. It is unattended so you will need to remain with your child. The cry room is located to the left at the top of the stairs and a nursery is located to the right (4th door on your right) at the top of the stairs.

Today's Worship Participants

Rev. Dr. Emmanuel Dass - Pastor
Brenda Swigert - Liturgist
Laurie Jenkins - Church Musician
Pamela Schisel - Choir Director
Jim Keller - Ushers
Rod Kent - Sound

Staff

Rev. Dr. Emmanuel Dass - Pastor
Jane White - Administrative Assistant
Laurie Jenkins - Church Musician
Chris Wulf - Custodian



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