



FORT DES MOINES UNITED METHODIST CHURCH

Worship 9:45 a.m.

Fellowship 11:00 a.m.

Fort Des Moines United Methodist Church is committed to the Great Commission given by Jesus in Matthew 28:19-20: **“Therefore go and make disciples of all nations, baptizing them in the name of the Father, Son, and Holy Spirit, teaching them to obey everything I have commanded you.”**

Fort Des Moines is a caring community of people who will care for you regardless of who you are. If you are looking for a place where Christ’s love is evident and God’s grace is offered to all, join us for worship and fellowship.

If you are visiting today, we hope that you feel welcome. Following the worship service you are invited to join us for fellowship. If you have any questions, please contact Pastor Sandy or any of our members. We want you and your family to feel welcome.

We welcome children in our worship. We also have a nursery on the second floor to the right at the top of the stairs.

Contact Us:

Church Phone: 515-285-6545

Church Email:
ftdsmumc@gmail.com

Website: www.fdmumc.org

Pastor Sandy Cannon:
Cell Phone: 515-290-9905

Email:
pastorsandy.ftdsmumc@gmail.com

**Sermon Title:
Brokenhearted, But Not Broken...
#STRONG**

August 11, 2019



WE CELEBRATE THE GATHERING OF GOD'S PEOPLE

Welcome and Informal Moments: Thank you for attending worship today. Please sign the attendance registration pad found in each pew, pass it on your neighbor, and welcome one another with the hospitality of God.

** Please stand as you are able*

The Prelude

*Greet Your Neighbor

The Introit UMH #106 "God Is Able"

The Call to Worship

Leader: Let us speak of mercy and justice.

People: **For these are the things suitable for our God.**

Leader: Let us follow the ways of mercy and justice, for they are the ways of peace and community.

People: **Let us lift up our hearts in conviction and our voices in commitment and praise to the Lord of peace and the God of justice; the hope and healing of humanity.**

***Hymn** TFWS #2177 "Wounded World that Cries for Healing"

The Unison Prayer

I believe that God can and wants to create good out of everything, even evil...for that he needs people who use everything for the best. I believe that God provides us with as much strength to resist in every calamity as we need. But he does not give it in advance, so that we would trust him alone. Lord help us to overcome any anxiety in our hearts, as we navigate through these uncertain times in our world. Amen.

Time with Children of God

Call to Prayer Hymn #473 "Lead Me, Lord"

Pastoral Prayer

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from

evil. For thine is the kingdom, and the power, and the glory, forever.
Amen.

WE HEAR THE WORD OF GOD

Old Testament Lesson

Isaiah 61:1-3, 8-11 (NIV)

¹The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, ²to proclaim the year of the Lord's favor and the day of vengeance of our God, to comfort all who mourn, ³and provide for those who grieve in Zion to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the Lord for the display of his splendor.

⁸"For I, the Lord, love justice, I hate robbery and wrongdoing. In my faithfulness I will reward my people and make an everlasting covenant with them. ⁹Their descendants will be known among the nations and their offspring among the peoples. All who see them will acknowledge that they are a people the Lord has blessed."

¹⁰I delight greatly in the Lord; my soul rejoices in my God. For he has clothed me with garments of salvation and arrayed me in a robe of his righteousness, as a bridegroom adorns his head like a priest, and as a bride adorns herself with her jewels. ¹¹For as the soil makes the sprout come up and a garden causes seeds to grow, so the Sovereign Lord will make righteousness and praise spring up before all nations.

Sermon "Brokenhearted, But Not Broken...#STRONG"

Pastor Sandy Cannon

Presenting our Tithes and Offerings

*Doxology UMH #94

Praise God from whom all blessings flow; Praise God, all creatures here below: Alleluia! Alleluia! Praise God, the source of all our gifts! Praise Jesus Christ, whose power uplifts! Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!

*Prayer of Thanksgiving

*Hymn UMH #578 "God of Love and God of Power"

*Benediction

*Responsive UMH #672 (vs. 1) "God Be With You Till We Meet Again"

Postlude

Prayer Concerns: Ft. Des Moines UMC, it's programs and leaders; the Bhutanese Nepali Truth Church, it's programs and leaders; those home bound and their care-givers; Charlene Seid, the victims, survivors, families and friends of the recent mass shootings in El Paso, Texas and Dayton, Ohio, and those we especially name in our hearts.

Please continue to wear your name tag while taking part in Coffee Hour. Pastor Sandy will need to connect your name and face in order to come to know everyone. When leaving the building, return your name tag to the basket in the Chapel. (Special thanks to Carlin Peer for managing the name tags!)

Our thanks to Donna Freed for sharing Coffee Hour treats.

Next Sunday will be Food Pantry Sunday in our congregation. Donations of cash, shelf-stable food items, personal hygiene items, diapers (all sizes), formula and wipes will be received.

Bible Study: Saying "Yes" to a Life of Worship

We come together to worship in a variety of ways: some based on family traditions, your denomination, or your personal preference and style of worship. Regardless of these differences, we typically think of worship as a Sunday-only experience. What if it was more than that?

This 6-week study addresses issues that women wrestle with today, such as friendship, encouragement, finding contentment, and how to live out our faith. Let's gather together as Sisters in Christ and look at ways we can glorify God in our everyday lives. Bring a friend, new or old, and join in the conversation.

Date: Tuesdays, July 16th—August 20th

Time: 11:00am, Fellowship Hall

If you are interested in becoming a member of Ft. Des Moines United Methodist Church, talk to Pastor Sandy Cannon.

If you or someone you know is interested in being baptized, contact Pastor Sandy Cannon.

Attendance last week: 44

31 DAYS OF PRAYER FOR OUR CHURCH

Dates: August 1-31

This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. (1 John 5:14)

If you've been in the church lately, you may have noticed a ring of chairs in the chapel, near the beautiful stain glass window. There is a purpose for that. God has been drawing me into prayer in this space to pray for our church. As I have listened to Him, He has asked me to invite you into that prayer time with Him. Will you prayerfully consider committing to the next 31 days together, to pray for God's vision for our church. As you are led in prayer, please share what God is putting on your heart. Write it down and when you are ready, share it with us.

1. Letter: Attn: God's Vision at Fort Des Moines UMC, 6205 SW 9th St, Des Moines IA 50315
2. Email: godsvision.ftdsmumc@gmail.com
3. Drop a note in the box outside the church offices (across from the water fountain).

– Grace and peace to you, Pastor Sandy

31 DAYS OF PRAYER: AN INVITATION TO SEEK GOD'S VISION

Here are the prayers for each week:

Aug. 4-10: "Dear Father God, we desire as a church to take hold of the vision You have for us and pray that You would lead and guide us to take a collective step of faith, in the direction that You would have us go. O God, prepare our hearts as we seek to bend our will to yours, to live a life that glorifies you and not ourselves. In your precious Son's Name we pray, Amen." | *Scripture suggestion: Jeremiah 29:11-13*

Aug. 11-17: Continue the prayer from week 1 and now add prayers for our community, our neighbors, those that are in need. Then ask God how we, as a church, can be a blessing to them and build authentic relationships. | *Scripture suggestion: Mark 11:24*

Note: It is not about getting people to attend our church services, it is to gain a vision beyond our walls and how we can be a part of our community, for God to show us where and with whom. Prayers for connections, conversations, and for our hearts to be open to new ideas and new ways of doing things.

Aug. 18-24: Continue the prayer from week 1, add prayers for the lay leaders within our church, for new leaders to be raised up within the church, and perhaps in unexpected places, as well as, for the pastor. Prayers that those in leadership would seek God's vision for our church and for our future. | *Scripture suggestion: Psalm 145:18*

(continued on next page)

NEW Opportunities to Serve

There are always many opportunities to serve at Fort Des Moines. There are a few possibilities listed below, but you are not limited to these. If you have a passion for a certain kind of service or feel God might be calling you to some specific area, please let us know. If you have a particular date that you know would work well for you to be involved in some of these, let us know that as well. Circle the ones that interest you.

Thank you.

- Be a member of the Prayer Chain
- Maintain the flower beds
- Other ideas:

Note: Include prayers of gratitude for the decades that this church has been blessed, for those that came before us, for the leaders that were given visions for the future, and for the many hands that helped to build this beautiful house of worship.

Aug. 25-31: Continue the prayer from week 1, add prayers for the families of this church, those that attend and those that no longer feel connected to either the church, or perhaps to God. Prayers that we would be willing to meet their needs and that they would be willing to share them with us. We also lift up the new families that God would lead here, for those that don't have family and for those that need a community around them. | *Scripture suggestion: Ephesians 6:18*

Note: We pray especially for those seeking to know God, Abba, Father, and to proclaim Jesus as their savior.

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Next Sunday is the last day to donate items for Christmas in July. Needed schools supplies are:

Urgently needed: High school backpacks and 3 ring binders (all sizes)/trapper keepers

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|--------------------------------|----------------------|
| pencils | pencil boxes/bags |
| pencil top erasers | erasers |
| pencil sharpeners | loose leaf paper |
| two pocket folders | colored pencils |
| notebooks (all types) | glue sticks |
| white glue | calculators |
| 24 count crayons | markers/highlighters |
| children's scissors | rulers |
| post-it notes | index cards |
| zip lock bags | hand sanitizer |
| facial tissues | disinfecting wipes |
| USB cards/flash drives | |
| low odor dry erase markers | |
| reams of copy paper | headphones/earbuds |
| algebraic/graphing calculators | |

This Week's Calendar

Today, Aug. 11: 9:45am UMC Worship Service

11:15am Sunday School (adult), Library

11:15am Coffee Hour, Fellowship Hall

11:00am Trustees, Conference Room

1:00pm Bhutanese Nepali Truth Church

Worship Service

8:00pm AA, Fellowship Hall

Mon., Aug. 12: 9:30am English Language

Learners, Youth Room

5:00pm Spanish Cooking Class, Fellowship

Hall

6:00pm ELL, Youth Room

Tues., Aug. 13: 9:30am ELL, Youth Room

11:00am Bible Study, Chapel

12:00pm Cooking Class, Fellowship Hall

6:00pm ELL, Youth Room

7:00pm AA, Fellowship Hall

Wed., Aug. 14: 9:30am ELL, Youth Room

10:00am Women's Christian Fellowship,

Fellowship Hall

5:00pm Cooking Class, Fellowship Hall

6:00pm ELL, Youth Room

Thurs., Aug. 15: 9:30am ELL, Youth Room

12:00pm Cooking Class, Fellowship Hall

6:00pm ELL, Youth Room

7:00pm NA, Fellowship Hall

Fri., Aug. 16: 9:30am ELL, Youth Room

12:00pm Cooking Class, Fellowship Hall

4:00pm ELL, Youth Room

5:00pm BNTC, Youth Room

8:00pm AA, Fellowship Hall

Sat., Aug. 17: 9:30am ELL, Youth Room

12:00pm Cooking Class, Fellowship Hall

3:00pm BNTC, Youth Room

7:30pm NA, Fellowship Hall

Sun., Aug. 18: 9:45am UMC Worship Service

11:15am Sunday School (adult), Library

11:15am SPPRC, Conference Room

11:15am Coffee Hour, Fellowship Hall

1:00pm BNTC Worship Service

8:00pm AA, Fellowship Hall

Your Prayer



Concerns

“In everything by prayer and supplication with thanksgiving, let our requests be made known to God” - Philippians 4:6

Let your prayer requests be made known to God through our prayer groups and pastor who will pray for you or ones listed below. Your prayer concerns can be for a church member, a family member, a friend, or yourself. Please fill out below and place it in the offering plate.

Prayer for:

Name:

Concern/s:

Welcome!

**We are a community of faith in worship and action,
open to all in the spirit and love of God.**

Today's Worship Participants

Sandy Cannon - Pastor
Brenda Swigert - Liturgist
Laurie Jenkins - Church Musician
Jim Keller - Ushers
Rod Kent - Sound

Staff

Sandy Cannon - Pastor
Jane White - Administrative Assistant
Laurie Jenkins - Church Musician
Chris Wulf - Custodian



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